

# MARCHING COUGARS INFORMATIONAL MEETING

May 15, 2023

# WELCOME

- Dr. Jamie VanValkenburg, Director of Bands
- Jill DeVoe, President BBOHS
- Christy Henderson, Vice President BBOHS

# GOALS

- Behavior and Expectations
- Cougar Band Camp
- Overview of Marching Band
- Overview of the season
- Answer your questions
- Get excited!
- Recruit donations/volunteers to help to support our musicians
- End on time

# BEHAVIOR

FCPS SR&R APPLIES  
DURING ALL BAND  
ACTIVITIES

## PLEASE REMEMBER

THAT YOU ARE  
REPRESENTING YOUR  
PARENTS, YOUR SCHOOL,  
AND YOUR BAND AT ALL  
TIMES.

YOU ARE EXPECTED TO  
BEHAVE IN A MANNER THAT  
REFLECTS THAT  
RESPONSIBILITY.

# GENERAL

**NO** tobacco of any kind

**NO** alcohol/illegal substances

**NO** profanity

**NO** PDA

**NO** wandering off, always  
notify an adult

# EXPECTATIONS

Respect and adhere to report times

Arrive prepared to every practice and event

Follow the “chain of command” for questions

YOU are responsible for everything you need for each practice, game and competition

Be responsive to requests and direction at all times

Stay positive and engaged with your band

## STAYING INFORMED

- Join the Downbeat (text BBOHS to 22828)
- Join Remind (text @OAKTONBAND to 81010)
- Review the Downbeat weekly
- Reference the “KEY DATES” Handout
- Check out the website ([oaktonbands.org](http://oaktonbands.org))
- Check the calendar online ([oaktonbands.org/calendar](http://oaktonbands.org/calendar))
- Sync the band calendar to your own calendar ([oaktonbands@gmail.com](mailto:oaktonbands@gmail.com))
- Social Media
  - Facebook @oaktonbands
  - IG @oaktonhsbands

## SUMMER PREP

*THE FUN STARTS NOW....*

Parents make time in your calendar  
now to volunteer and witness the  
magic of band camp!

Pay attention to DUE dates for FEES

- Practice Smart Music
- July 22 & 29 Band Council Car Washes
- July 29- Field Lining, Rain date July 30
- Prep for CBC: light/breathable/wick away clothing, Xlarge water bottle, good lunch/snack bag, daypack/bookbag, neck gator, sunglasses, hat, sunscreen, 2 pairs athletic shoes, Ziploc for phone
- Try to acclimate to weather, light exercise



# COUGAR BAND CAMP

*WHERE IT ALL BEGINS....*

## DAILY SCHEDULE

7:30a Breakfast (provided)  
7:50a March to field  
8a Field practice  
11:45p Break/transition  
12p Lunch inside  
12:45p Head to field  
1p Field practice  
2:30p Break/transition  
2:45p Teacher sectionals  
3:45p Student sectionals  
4:30p Full band  
5p End of instruction/  
Activities begin

## HEAT SCHEDULE \*1 HOUR EARLY

6:30a Breakfast (provided)  
6:50a March to field  
7a Field practice  
11:45p Break/transition  
12p Lunch inside  
12:45p Full band  
1:30p Teacher sectionals  
2:30p Student sectionals  
3:30p Full band  
4p End of instruction/  
Activities begin

The rewarding “work” of band camp – Dr V.

- July 31-August 11, Cougar Band Camp ~7:30a-6:30p
  - (May shift to 6:30a-5:30p on “heat days”-announced day before)
- August 12, CBC All-Band Field Trip
- August 14-18, times TBD
- Parent preview (TBD)
- Breakfast provided daily
- Some snacks, desserts and “cooling” treats provided
- Lunch available for advance purchase (highly encourage)
- Shirt schedule
- Watch out for signups:
  - Donations and Setup/Take Down, Snack, Lunch, Water, Activity, Chaperone Volunteers for CBC needed

# COUGAR BAND CAMP

## MONDAY 8/8

ORANGE DAY

Lunch: Panera

Activity:  
Ice Cream  
Sandwiches  
5:30 pickup\*

## TUESDAY

TWIN DAY

Lunch: Noodles & Co  
Senior reveal:  
Careers



Activity: 5:45 Movie  
Despicable Me at  
Fairfax Corner  
\$5 @ door

## COUGAR BAND CAMP WEEK 2

AUGUST 8-13



OPTIONAL  
BOOSTER-  
SPONSORED EVENTS

## WEDNESDAY

CRAZY DAY

Lunch: Pizza  
Senior reveal:  
Superheroes

WATER FIGHT  
WEDNESDAY

## THURSDAY

SECTION DAY

Lunch: Potbelly



SENIOR BANQUET  
7:30p

## FRIDAY

SHOW SHIRT/  
MEDIÉVAL DAY

Lunch: Jersey Mike's  
Senior reveal:  
Switcheroo

## SATURDAY

Band Field Trip to  
Splashdown  
Waterpark

FREE  
Depart OHS @ 11:30a  
Return OHS @ 6p

Bring:  
Swimsuit  
Sunscreen  
Towel  
Sandals/flip flops  
\$ for snacks  
Water bottle

7:30AM DAILY  
REPORT TIME\*  
5PM PICKUP  
DAILY EXCEPT  
WHERE NOTED\*



MEANS 1 HOUR  
EARLIER IF IT'S A  
HEAT DAY

PAY FOR &  
ORDER YOUR  
LUNCHES AT:

[oaktonbands.org/](http://oaktonbands.org/)  
mealtix

DONATE &  
VOLUNTEER AT:

[oaktonbands.org/](http://oaktonbands.org/)  
volunteer

It's what you make of it!

- Show up!
- Stay positive, open-minded, and celebrate your successes!
- Band buddies
- Theme days
- All-band activities (during band camp hours): Water Fights, Movie, FunLand, SplashDown, Treats; Booster events vs. school field trips
- Section-based activities (as scheduled by section leader): Breakfasts, dinners, laser tag, pool parties, fire pits
  - Parents, please offer to host your student's section
- Even if you are tired.... these memories and activities build and bond our band. Also kinda fun.....

# MARCHING BAND SEASON

## GAMES AND COMPETITIONS



### 2023-24 GAME SCHEDULE, 7PM START TIME

Friday, August 25th, v. Langley (Cougar Kickoff)  
Thursday, August 31st, v. Fairfax  
Friday, September 22nd, v. Centerville (Senior Night)  
Friday, October 6th, v. West Potomac  
(Homecoming/Future Cougar Night)  
Friday, October 20th, v Westfield  
Friday, November 3rd, AWAY (Pep Band) v. Chantilly

**VOLUNTEER FOR GAMES:**  
[OAKTONBANDS.ORG/VOLUNTEER](https://oaktonbands.org/volunteer)

### 2023-24 COMPETITION SCHEDULE

*Specific times and locations to be announced, Please plan to save the entire day for these events.*

September 23rd  
September 30th  
October 7th  
October 14th – Oakton Classic (tentative)  
October 21st – VBODA State Marching Band Assessment

**VOLUNTEER FOR COMPETITIONS:**  
[OAKTONBANDS.ORG/VOLUNTEER](https://oaktonbands.org/volunteer)

## • GAMES

- Fridays
- Wear khaki shorts, show shirts, black socks and Dinkles to school
- Students stay after school, pre-order dinner and practice
- Put on uniforms to march to the field for Star Spangled Banner
- Play stand tunes until half time
- **SHOW TIME**
- 3<sup>rd</sup> quarter concessions
- 4<sup>th</sup> quarter stand tunes and clean up
- Chaperone, dinner, uniforms & show support volunteers needed

## • COMPETITIONS

- Saturdays, plan for entire day
- Arrive and rehearse
- Load trucks and busses
- Arrive, warmup and perform
- Watch other shows
- Return and unload
- Drivers, towers, loading, chaperones, uniforms, show support needed

## CONCERTS

### *FOCUS ON MUSICIANS AND ACADEMICS*

#### **Concerts:**

Fall Concert, **November 15**

Holiday Wonderland Children's Concert, **December 2**

Winter Concert/Mass Chaos, **December 14**

Pre-Assessment Concert, **February 28 & 29**

VBODA Assessment, **March 15 & 16**

Jammin Oakton Jazz Cafe, **May 22**

Spring Concert, **May 23**

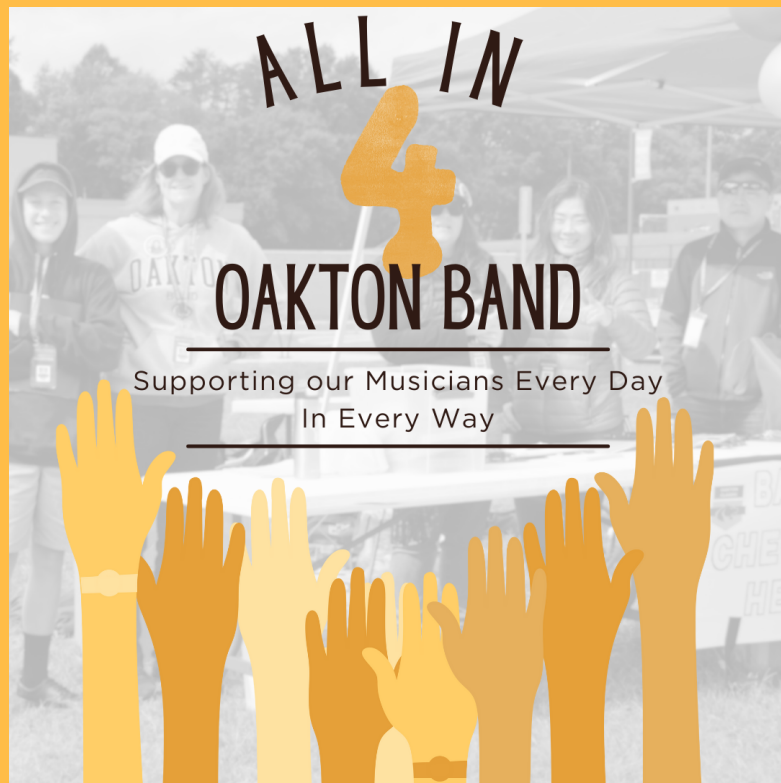
- Fall, Winter, Pre-Assessment and Spring Concerts are in Auditorium at 7p
- Concert Attire from [concertattire.com](http://concertattire.com)
- Concert attire exchange on 9/7 and 9/14 @5:45pm – donations of outgrown concert attire welcome
- Order by October 1
- **NEW:** Black tuxedo shirts will replace white tuxedo shirts
- Concert coordinator, concert chaperone and hospitality

LOTS OF INFO!

## TIPS AND TRICKS FOR NEW PARENTS

- Join a carpool.
- Your students will be tired. Set time aside for band camp.
- MB is fast and furious.
- Let your student be responsible for their Marching Band experience.
- Consult your student first, Downbeat second, and then the website/calendar.
- Volunteering is low-stress and gives you insight into your student's experience.
- Buy black socks and an extra tie.
- We are happy to talk to you about anything!
  - [vp@oaktonbands.org](mailto:vp@oaktonbands.org)
  - [president@oaktonbands.org](mailto:president@oaktonbands.org)

## SUPPORTING OUR MUSICIANS



- Meet deadlines and due dates for field trip forms, emergency care and fees.
- Participate in Tag Day (September 9)
- Volunteer:
  - Lead or co-lead a committee
  - Chaperone
  - Join a committee
  - Be involved in our band family
- Donate items we need, as requested
- NEW: All in 4 Band
  - Every family is asked to volunteer at least 4 hours over the school year.
- WHY VOLUNTEER?
  - Dr.V and parents
- Become a Sponsor (Family, Business, Grandparents) ([oaktonbands.org/sponsor](http://oaktonbands.org/sponsor))

## CALLING ALL BAND PARENTS...

opportunities are going fast!

*volunteer today!*

More hands make lighter work.

In 23-24, every band family will be asked to volunteer for or will be assigned at least one band committee.

Email: XXXXX to get your first pick!

### New CAR WASHES

Organize and monitor 3 super fun summer car washes with the Band Council. A very quick and easy way to have fun with the band and raise money for our program!

**YOU set the dates and replicate the existing plan or set your own path!**

### New SENIOR ACTIVITIES

*SHOW OUR SENIORS SOME LOVE!*

Organize special senior events, produce senior posters, organize gifts and celebrate our amazing grads.

### UNIFORMS

Uniforms, Dinkles and hats, oh my! Help organize and outfit our students for marching band in their **BRAND NEW UNIFORMS.**

Help with advertising for concert uniforms and the concert uniform swap event.

### EQUIPMENT & PIT

Beef up your muscles and your heart while helping our percussion students move their instruments and moving other items to the field.

Love Tetris? Take the lead on loading our trucks. Lots of fun guaranteed!



### BAND CAMP

Ease your way into the world of marching band and land straight into band kids' hearts by helping to plan summer band camp! Lots of opportunities here to get an inside look at our musicians' hard work!



### SPIRIT WEAR SALES

**Just like it sounds...**

Manage spirit wear sales online and at football games. Predictable schedule, mostly from home. Can be broken into separate jobs with two or more co-chairs

### HEAD CHAPERONE (CO-CHAIRS)

An up close and personal look into marching band! This role involves coordinating the chaperones to/from marching competitions and other trips. Find a band friend and divide and conquer!



**PRO TIP: HEAD CHAPERONES ARE EVERYONE'S BAND "MOM" OR BAND "DAD" AND ARE BELOVED BY OUR STUDENTS**

opportunities are going fast!

### WFH CONCERT COORDINATOR

Ideal "work from home" job for **creatives and organizers!**  
Draft 5 concert programs over the course of the year. Use existing templates or create your own!  
Communicate chaperone responsibilities via email

### HOLIDAY WONDERLAND

Feeling festive?  
Take the lead of an entire team of elves who help put on our annual **Holiday Wonderland**—an established performance beloved by students and area children!



### JAMMIN' OAKTON

**CALLING ALL COOL CATS**  
Organize and plan two Jammin' Oakton concerts, complete with potluck-style chili dinner and jazz club decor.  
Follow the established plan or throw your own celebration of Jazz!

### New RECRUITMENT/ PROGRAM GROWTH

Have younger band students? This job is for you! Help us coordinate some essential recruiting efforts: **Future Cougar Night, Recruitment Tours, Area Band and 8th Grade Auditions.** No need to reinvent the wheel, just need someone to help out!

### HOSPITALITY

Bakers and Organizers unite!  
Help with concessions sales at concerts, student meal orders, and at various events throughout the year!



### PHOTO BUTTONS

As easy as it sounds!  
Make and sell those beloved keepsakes in the Fall! Great work for a crafter, mostly from home.

### RAKING IN DONATIONS

**TAKE THE LEAD ON A FUN FALL FUNDRAISER!**  
Organize and execute one day where students rake leaves for donations. Follow past years, or create your own plan—either way, guaranteed fun!

### SUBSCRIPTIONS

As we move into the digital age, BBOHS has a lot of files and subscriptions to manage. Nothing complicated—just passwords and payments. Is this job calling you?

WFH

### WFH FUNDRAISING

ADMINISTRATION ONLY!

This job is NOT as big as it sounds. You will simply check in with other volunteers on their fundraising efforts, trouble shoot as needed, and keep track of fundraising efforts program-wide.

SIGN UP TODAY

TALK TO OTHER PARENTS AFTER MEETING



THANK YOU!

- QUESTIONS?